



## Sun Protection Policy

We encourage outdoor play at all times of the year, believing there is no such thing as inappropriate weather, only inappropriate clothing and protection.

We are aware of the importance to protect children from excessive UV exposure and take reasonable precautions to protect children in our care.

We are aware that:

- Skin cancer is one of the most common cancers in the uk
- Most skin cancers are caused by the sun's UV radiation, but risk can be greatly reduced by precautionary measures
- A child's skin is 15 times more delicate than an adult and therefore more easily damaged
- The months between April and September are considered to be the highest risk of skin damage

For this reason we ensure that:

- We educate children about sun safety
- We provide an environment and resources that enables children and staff to stay safe in the sun
- Work with parents and staff to reinforce awareness about sun safety

This is achieved by:

- Providing structures or natural shaded areas to shelter from the sun
- Providing a minimum of 30+ sun protection factor for all children and staff working outdoors with the children. Each one is clearly labelled and must be nut free, hypoallergenic and waterproof. (parental consent required)
- The possible restriction of access to the outdoor areas between the hours of 12 to 3pm where the sun is at its extreme
- Ensuring children have wide brimmed and/or legionnaire style hat
- Allowing the use of UV protective sunglasses
- Staff leading by example by wearing hats, sunglasses etc
- Staff discuss interactively with all children the messages of protecting the skin against the suns effects
- Providing drinking water at all times

Reviewed by: